

Learn the 6 Steps to Sleep Safely Baby BIRTH TO ONE YEAR

1

Sleep baby **Alone**

4

Put nothing in baby's sleep area

2

Sleep baby on their **Back**

5

Do not overdress baby

3

Sleep baby in a **Crib**

6

Do not smoke anything around baby

Alone **B**ack **C**rib
EVERY TIME

Myla Rogers
260-994-0297
mrogers@ecalliance.org
Early Childhood Alliance



Sleep Safely
Baby